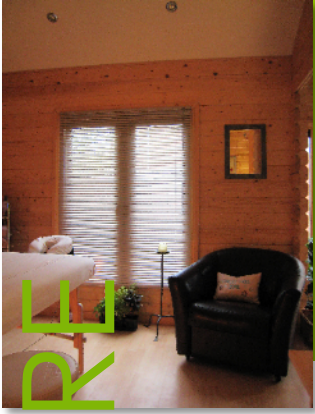


ACUPRESSURE INFO



15 minutes
Head & shoulders

30 minutes
Head, shoulders, arms & body

45 minutes
Head, shoulders, arms, body & legs

No need to undress
The perfect workplace treatment!

Seated Acupressure Massage



Is a sequence of Oriental massage techniques to help improve health, energy flow and reduce tension.

Developed from a traditional **shiatsu** style technique and adapted for use in offices, clinics, shops etc., it is received through clothes, without oils, on an ergonomically designed chair.

Acupressure massage can be helpful for

BACKACHE * ASTHMA * MUSCULAR TENSION * SKIN CONDITIONS * SCIATIC PAIN * HEADACHES * REPETITIVE STRAIN INJURY * IRRITABLE BOWEL SYNDROME * DEPRESSION

After treatment you should feel relaxed, but energised and alert; making it the ideal therapy to receive during a lunch-time break!

CORPORATE BOOKINGS

Be a preferred employer ~ combat **the effects of stress in the workplace** and invest in your most valuable commodity - YOUR WORKFORCE!

Ask for a company presentation.

Christine Parkin is a registered non-medical practitioner with the **Sussex Nuffield Hospital**, Woodingdean and has organised Relaxation Days for **BUPA Redwood Hospital**, Surrey **BUPA Gatwick Park Hospital**, Surrey & **The North Downs Hospital**, Caterham as well as many private businesses in East and West Sussex, Surrey and London.

ANGELHANDS
Worthing, West Sussex

PHONE
00 44 7838 257755

WEB
www.christineparkin.com